



105 km
8000 mD+



ROADBOOK

ULTRA 105

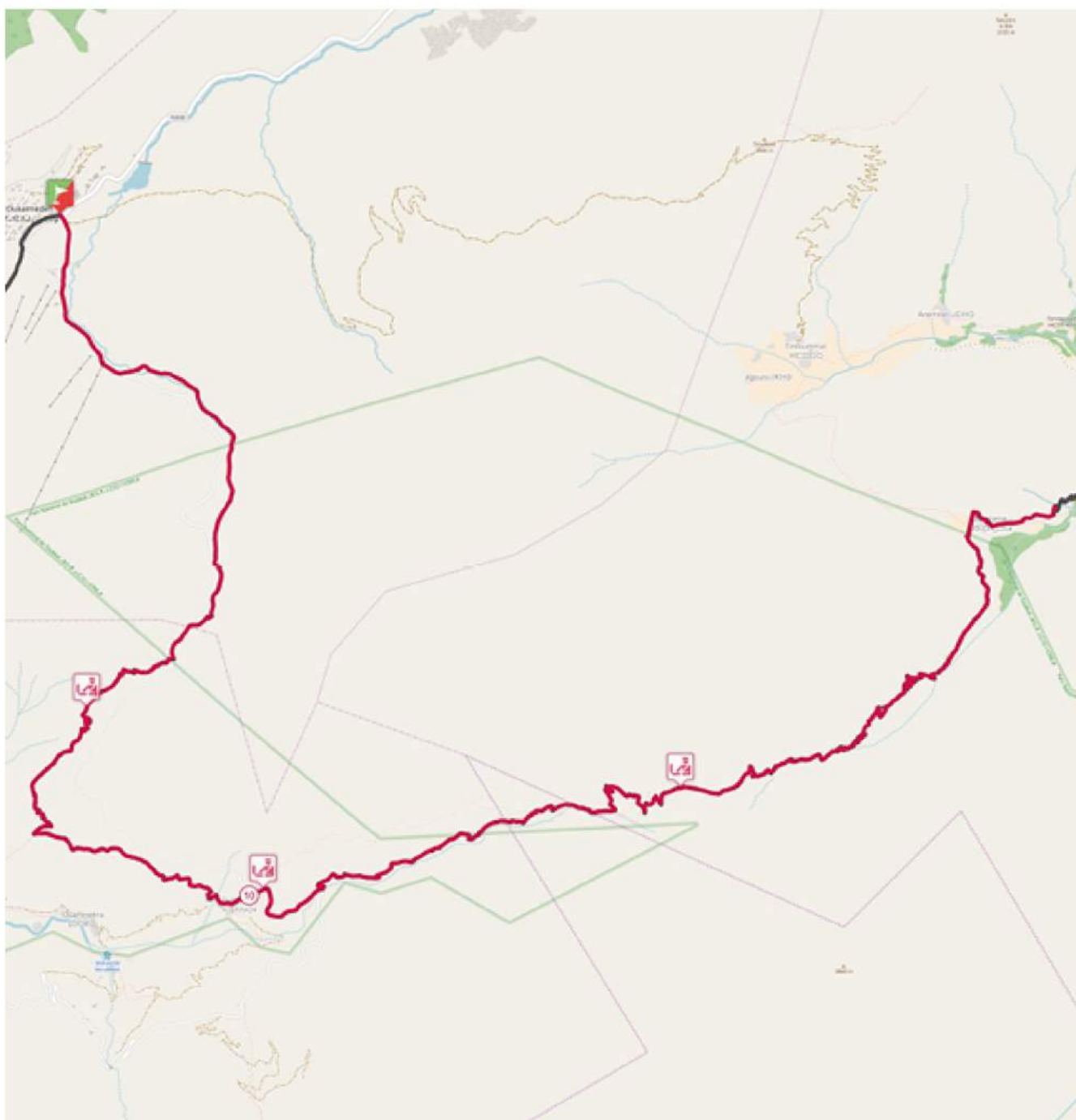
UTAT



Ultra Trail Atlas Toubkal 2018 - UTAT 105

Du km 0 au km 22.3, 1400 m+, 1841 m-

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Departure from Oukaïmeden.

A wide track leads to the PC 1: 2 960m Tizi n'Addi. The descent will take you to "Tacheddirt". The pass of the same name which culminates at 3190m, comes after the village. The climb is progressive until the pass itself (Circa: 16km Alt 3 190.m 1 360.m D +).

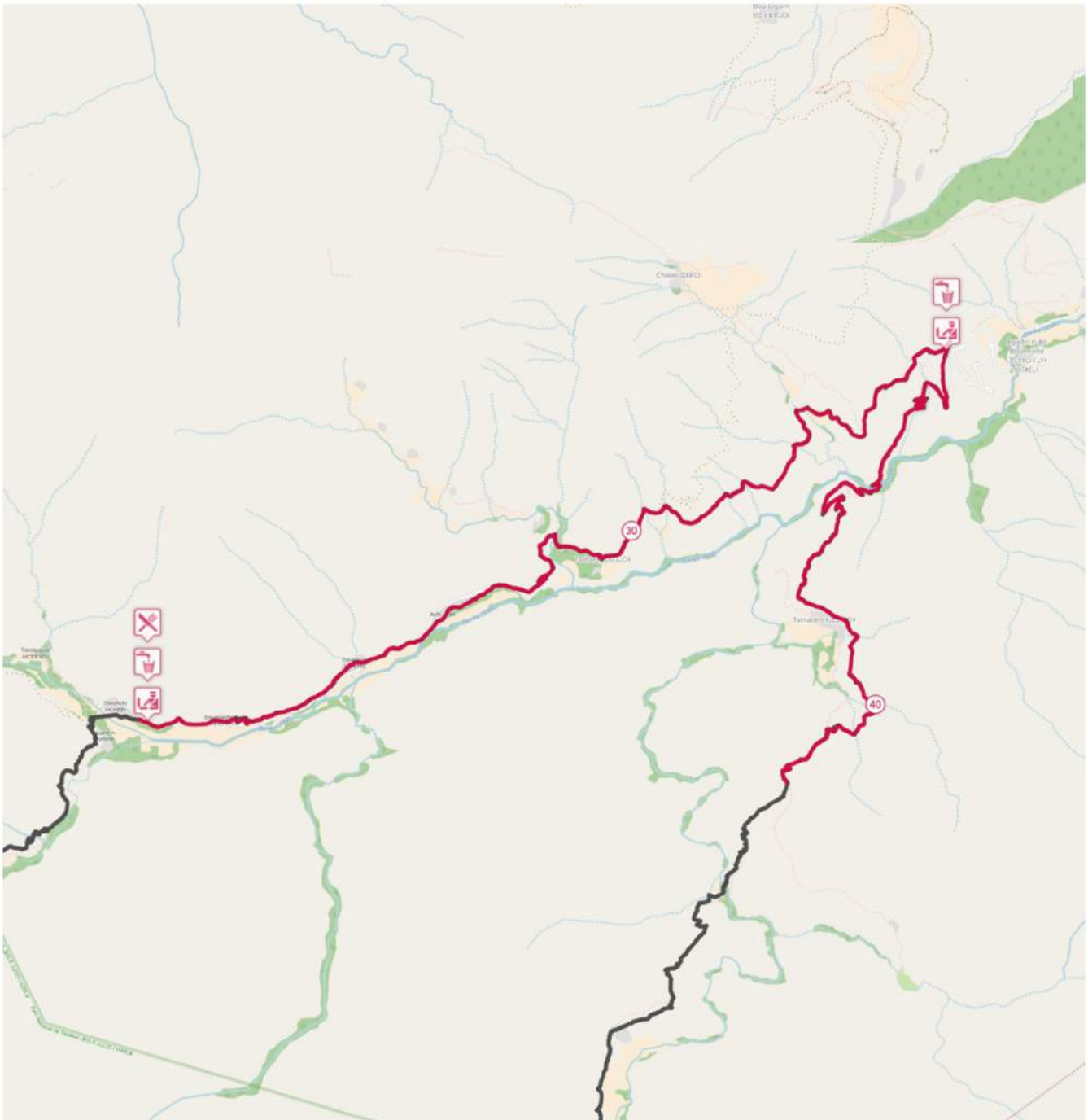
Then you run down to the next village Labassen where you will continue on a new track to Timichi, the place of your first refueling (Solid / Liquid Approx. 24.km Alt 1 960.m 1 460.m D + 2 120.m D -).



Ultra Trail Atlas Toubkal 2018 - UTAT 105

Du km 24.5 au km 41.5, 1158 m+, 855 m-

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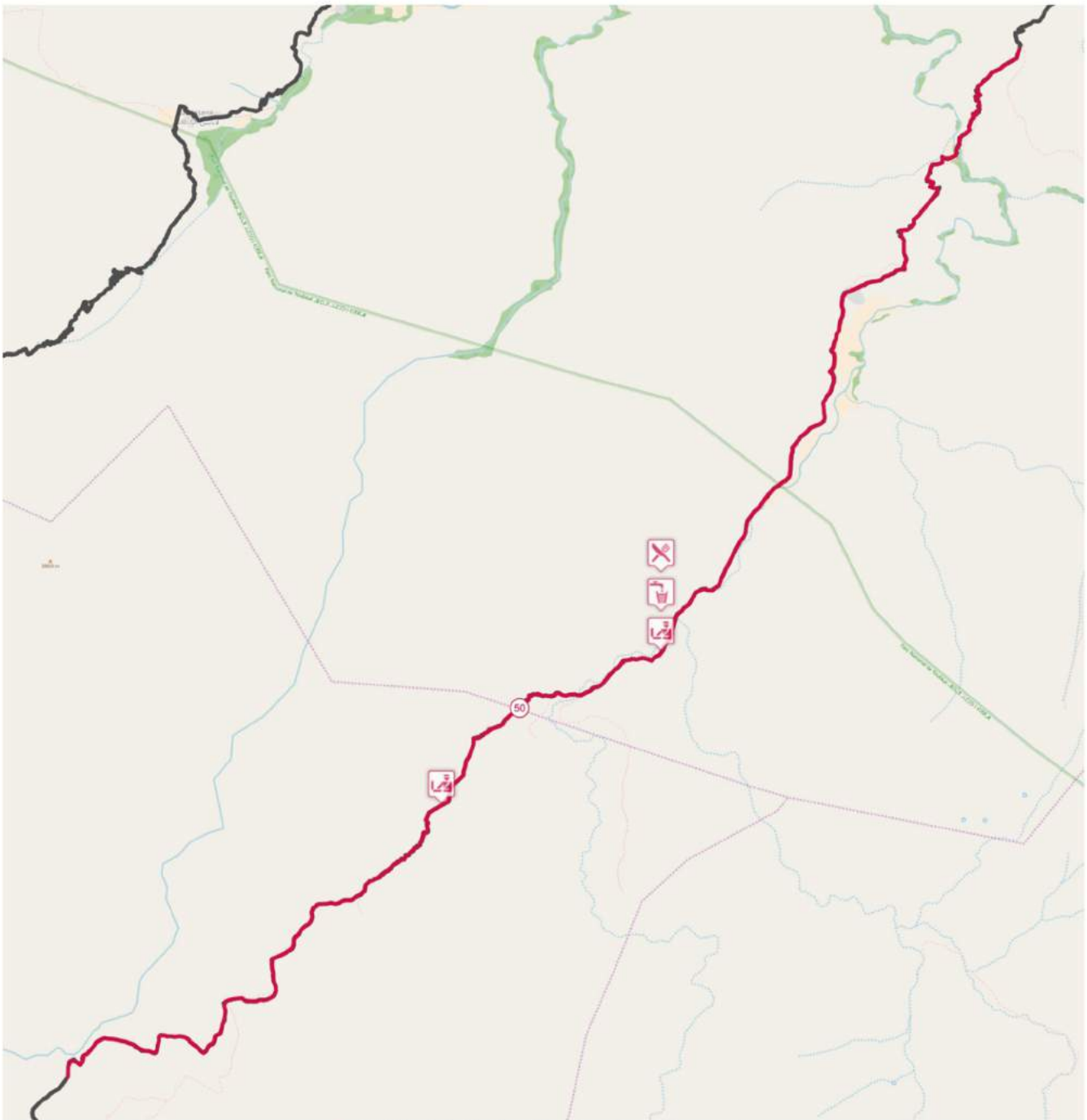
From Timichi (PC4) you cross several villages and reach the Setti Fatma supplies (Liquid - Circa: 34,5km Alt 1 750.m 1 905.m D + 2 780.m D-), before fording the Ourika wadi, (1,568m). You then "dive" in the most remote part of the course. The ascent to Tamatert is steep and continues to the third pass of the route: Tizi Tamatert (Approx. 41.5km Alt 222.m 2666.m D + 3 063.m D-)



Ultra Trail Atlas Toubkal 2018 - UTAT 105

Du km 41.5 au km 56.3, 1393 m+, 1091 m-

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After a short descent to Azib Assaka, you climb to another pass and then to the village of Amenzel. A portion at the bottom of the valley takes you to the base of the Oumchichka pass where you will find the PC / Supplies (Solid / Liquid) Boukchoud (Approx. 48.km Alt 2,500.m 3 353.m D + 3 474.m D-). Then go up a path in a scree. The climb continues to PC Oumchichka. The next part is almost only descent to the bottom of the river.



Ultra Trail Atlas Toubkal 2018 - UTAT 105

Du km 56.7 au km 77.5, 1991 m+, 1083 m-



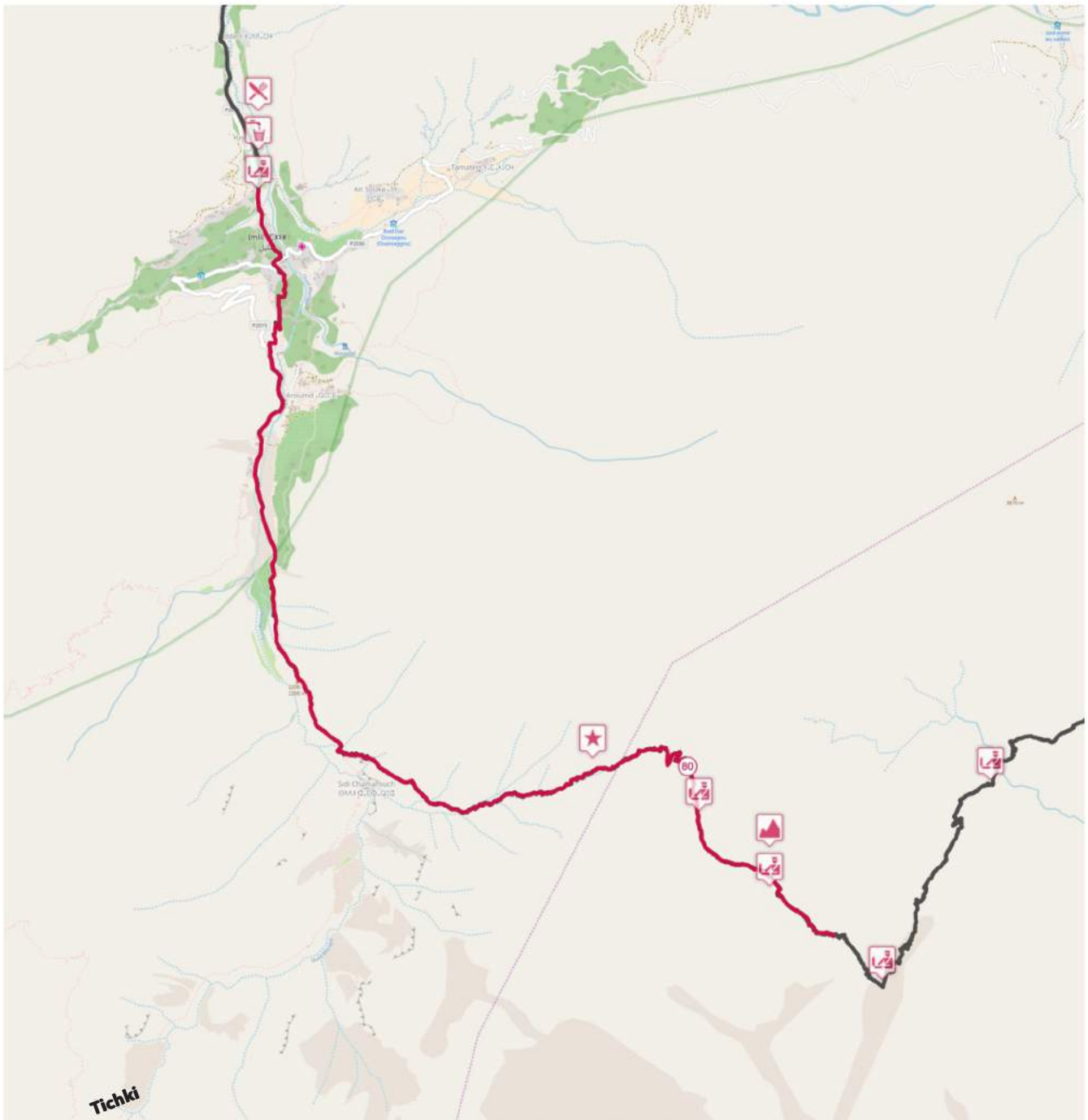
The ascent is on the side of a rocky python, then regularly after a change of shore to the top of the Tougroudaden pass. After a single descent and a pass, you are at the Azib Likemt, feeding place (Solid / Liquid) and advanced medical post (Circa: 68.Km Alt 2 564.m 4 870.m D + 4 925.m D-). Then comes the ascent of Tizi n'Tifourhate which is followed by a descent to the next PC: Azib Tifni. You are now at the foot of the Adrar N'Tarharate, which climb is made by the Tizi Terhaline, then the highest point of the UTAT: Tichki (Approx. 78.5.Km Alt 3 670.m 6 320.m D + 5 265.m D-)



Ultra Trail Atlas Toubkal 2018 - UTAT 105

Du km 77.5 au km 90, 324 m+, 2079 m-

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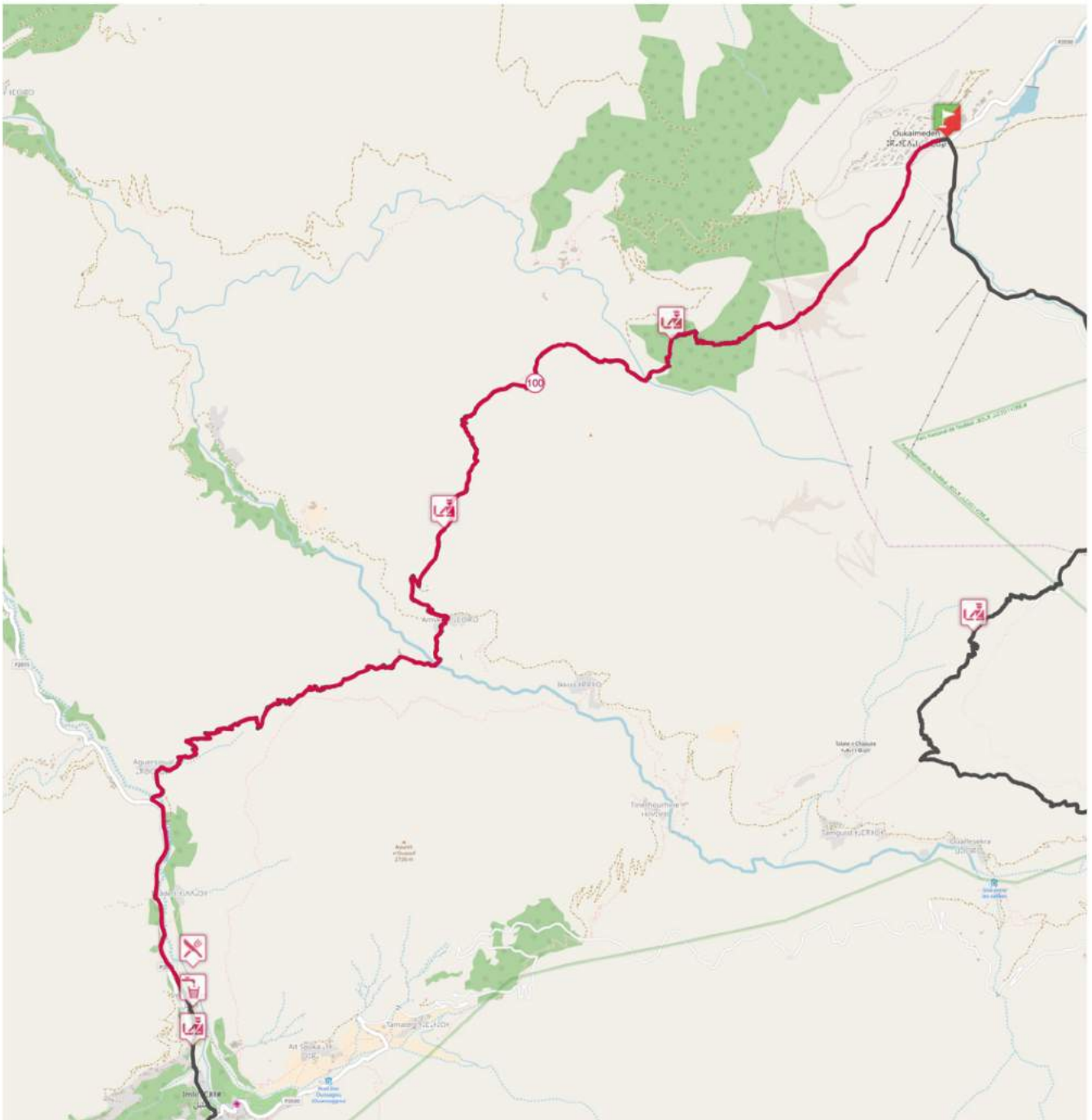
You start an impressive descent (11,5km 2,000m D-), passing through the pass and PC Tagharate. Afterward you go to the steepest part (6.km 1460.m D-). A down path leads you to the Cirque d'Aremnd and after crossing a wide dry river bed you arrive at the first houses, then to a track. The track goes up slightly for 1km and you leave it on your right for a descent in single joining the supply of Imilil (Solid / Liquid) (Circa: 90.Km Alt 1 675m 6 420.m D + 7 360.m D -)



Ultra Trail Atlas Toubkal 2018 - UTAT 105

Du km 90.5 au km 105.4, 1631 m+, 667 m-

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The trail runs along and crosses the river before climbing to the penultimate pass Aguersioual. The small ascent of Amskere takes you to the penultimate PC, and to the ultimate difficulty: the ascent to Oukaïmeden. A first hill will take you to a false pass which will be the beginning of a flat part. Then appears the last PC a few tens of meters of the Bois des fiancés. Continue and see the flags on the last pass. You are at Tizi Oukaïmeden. From there, you see the village of UTAT, you just have to go down to complete the 105.km and 8000.m D+ / D-.