

UTAT

# REGULATIONS

# REGULATIONS UTAT 2021

## 1 - DEFINITION

The Ultra Trail de l'Atlas Toubkal is a trail running event staged in the High Atlas Mountains in Morocco, it is open to male and female participants from everywhere in the world.

The organizations is in charge of the assisting the racers during the races.

The results at the UTAT are based on the race time of each participant, they will be available by category, sex and scratch.

## 2 – THE ORGANIZATION

### **2.1 Organizer**

The UTAT is organized by : Association Sport Nature Développement – 11 Avenue Jean Médecin – 06380 Sospel / France – [contact.utat@atlas-trail.com](mailto:contact.utat@atlas-trail.com)

### **2.2 Date of the event**

From October 7th to 10th 2021

### **2.3 Registration**

Registration fee 390.€ up to 30/06/2021 – 420.€ from 01/07/2021 and onwards.

For details on the options/special conditions please check on : [www.atlas-trail.com](http://www.atlas-trail.com)

Means of payment : Credit Card or bank transfer

This is included in the entry fee:

- Return transfer – Marrakech airport /Base Camp in Oukaïmeden
- Accommodation in a tent (16M2 – 4/5.persons) from Thursday to Sunday (incl.)
- Half board from Thursday dinner to Monday breakfast
- Race logistics
- Cultural activities, guided tours

Maximum number of racers/race : 300

## 2.4 Responsibility & Insurance

Civil Liability: as per the law governing the event, the organizers hold an insurance covering the consequences of their Civil Liability, those of their employees and all participants at the Ultra Trail Atlas Toubkal.

**Competitors participate under their own responsibility** in the event of an accident or failure resulting from their medical condition.

Each participant must hold an individual accident insurance policy covering the costs of search & rescue, evacuation, hospitalization in Morocco and repatriation to his/her country of origin.

The organization recommend the ITRA Insurance : <https://itra.run/content/insurance>

This insurance covers most outdoor sports, duration one year and no geographic restrictions. It is valid worldwide.

Insurance companies like Europ Assistance, Mondial Assistance and others offer similar insurances.

If the participant cannot prove that he/she holds such an insurance, the organization requires the participant to subscribe an appropriate insurance on site, if he/she wish to participate in the race.

## 2.5. Cancel a registration

### Cancellation Guarantee

The cancellation guarantee is optional (55 €). Subscription is done with the online registration.

The guarantee covers the reimbursement of the costs incurred for the registration (entry fee + options, excluded : payment fees) to one of the 5 races, if a racer wishes to cancel for one of the following reasons:

- An accident, serious illness or death
- A serious illness requiring hospitalization
- The death of a spouse or common-law partner, direct ascendant or descendant, within 30 days of the event

In the case of an accident and/or a serious illness the participant must supply a medical certificate signed and stamped by a doctor and attesting the contra-indication of a participation in the race. Other causes for a cancellation must be supported by a document issued by the competent authority.

Conditions for a reimbursement: any request for reimbursement must reach us, accompanied by the medical certificate, at the latest within 10 days following the event. Applications are processed within two months following the receipt of the declaration.

### **Process to cancel an entry**

The cancellation of an entry must be made by e-mail ([info@atlas-trail.com](mailto:info@atlas-trail.com)) or by post (Association Sports Nature Development – Chez Sci Avenue – 11 Avenue Jean Médecin- 06380 Sospel – France).

### **Right to retract**

The Sports Nature Development Association, organizer of UTAT, is subject to French consumer law.

In accordance with Article L.121-17 and L.121-21-8 of the Consumer Code, the right to retract gives the consumer a 14-day withdrawal period in the event of a change of mind when purchasing over the internet or by telephone is not opposable in the context of a registration with the UTAT.

The Consumer Code indicates that the right of withdrawal cannot be exercised for leisure activity contracts when the consumer is informed.

## **2.6. Cancellation of the event**

The organization has the right to cancel the race, in case of a force majeure, or if a minimum of 500 participants are not registered by July 31, 2020.

If one of the races or the event is cancelled for any organizational reason 90 days prior to the start of the event, a partial refund of the registration fees will be made. The amount of the refund will be based on the irredeemable expenses committed at the date of the cancellation.

In the case of a cancellation 30 days prior to the start of the event, or in case of an interruption or cancellation during its occurrence whatever the reason might be, there will be no refund of the entry fees.

### **3 PARTICIPATION**

#### **3.1 Participants**

To participate a racer must comply to the following points:

- Be over 18 years old, save for the Amazigh Trail where the age limit is minimum 16 years old.
- Having paid the entry fee
- Completed the registration file
- Read, accept and comply with the Regulation.
- Beware of the risks involved with participating in a trail running competition in the mountains

#### **3.2. National residents**

Please find below the definition of a national resident, offering access to the specific offers:

A national resident is a person, whatever his/her nationality is, who lives in Morocco , holds a Carte d'Identité Nationale (CIN) or a visa ("Carte d'Immatriculation" ) valid at the time of the registration. If, at the moment of registration, the person is in the process of receiving one of the above documents, the receipt issued by the competent authorities shall be accepted as proof of residence.

To finalize the registration, the document that confirms the residency is **compulsory** and must be added to the online registration file at the latest Sunday September 27, 2021.

If such a document is missing the registration is cancelled and no refund is possible.

#### **3.3 Documents & formalities required**

- Hold a FFTRI (French Triathlon Federation) license valid at the date of the race.
- For non-licensed participants: Present a medical certificate of no contra-indication to competing in a running event, dated less than a year before the actual date of the race
- For the participants at the UTAT (105km) :
  - o Only the medical certificate specific to the event is accepted (available to download on our website)

- Having finished a race corresponding to one of the following requirements in 2019, 2020 or 2021 : a race allocated with min. 4 ITRA pts or a race over min. 60 kms and a min. of 3200 in elevation gain.
- Hold an individual accident insurance covering costs for search & rescue, repatriation and hospital costs in Morocco.

### **3.4 Assistance**

Assistance during the race is provided by the organization, external assistance of any kind is forbidden.

### **3.5 Refueling during the race**

Drinks and food are provided by the organization.

## **4. PROGRAM**

### **4.1 Departure time**

- UTAT : October 8 - midnight
- Marathon de l'Atlas : October 9 - 06h00 AM
- Virée d'Ikkiss : October 10 - 09h00 AM
- Amazigh Trail : October 10 - 10h00 AM

### **4.2. The races**

- 5.1. UTAT105 km / 8000D+
- 5.2. Marathon de l'Atlas 42 km / 2600D+
- 5.3. Virée d'Ikkiss 26 km / 1400D+
- 5.4. Amazigh Trail12 km / 500D+

Several checkpoints are situated along the race itineraries to ensure the regularity and the security during the event.

The controls are executed by race marshals, who are under the authority of the Race Director whose decisions are without appeal.

The Aid Stations Les (PA) or Check Points (PC) are designated in the Roadbook given to each participant before the race.

## **5 EQUIPMENT**

### **5.1 Compulsory equipment\***

**Basic equipment for the 105 km, the Marathon de l'Atlas and the Virée d'Ikkiss :**

- A cup: min. 15 cl
- A survival blanket: min. 1.40 m x 2 m
- A whistle
- Jacket & pants that breath and are waterproof\* ( Gore-Tex or similar), to cover up in bad weather in the mountains (snow, fine hail, rain).  
\* minimum recommended 10,000 Schmerber
- A warm base layer: light jacket or T-shirt with long sleeves, min. 180 g (cotton prohibited), adapted to the sex and the size of the participant.
- Pants, long running tights or mid layer tights & composition of various elements that cover the entire leg (short johns + high socks)
- Hat, cap or bandana
- Warm and waterproof gloves
- Race road book
- ID

In addition, for the **Ultra Trail Atlas Toubkal** (105km / 8000D+)

- A water supply of min. 2 liters
- Two headlamps in good condition with energy supply for 2 nights
- A lighter
- Emergency kit : anti-diarrhea, paracetamol (2g), antiseptic, medical compresses, bandages for a wound or a strapping (min. 80 cm x 3 cm), water purifying tablets (eg. (Micropur, Aquatabs, Hydroclonazone).
- Food supply : min. 1500 kcal
- A mobile phone, fully charged and operational in Morocco Register the organization's emergency number in your phone and make sure your own number is not concealed.
- A min. of 200 Dirhams in cash for any unexpected expenses
- A minimum of 200 Dirhams for any unexpected expenses.

In addition, for the **Marathon de l'Atlas** (42km / 2600D+)

- A water supply of min. 1,5 liters

- One headlamp in good condition with sufficient energy supply
- Food supply : min. 800 kcal
- A mobile phone, fully charged and operational in Morocco Register the organization's emergency number in your phone and make sure your own number is not concealed.

In addition, for the **Virée d'Ikkiss** (26km / 1400D+)

- One headlamp in good condition with sufficient energy supply
- A water supply of min 1 liter
- Food supply : min. 500 kcal

*\*This list of compulsory equipment may change due to the actual weather conditions expected during the race.*

*\*\*minimum 10 000 Schmerber*

*The racer must make sure his/her jacket meets the requirements in the regulations. In case of a gear check only the opinion of the race marshal will be retained.*

## **5.2 Additional recommended equipment**

- Telescopic poles \*
- X-tra set of base layer
- Compass
- Knife
- String
- Sun cream and sunglasses
- Vaseline or anti-heating cream
- Blister plaster
- Sewing kit

*\*Would you choose to take poles you must carry them for the duration of the event.*



## **6. TIMING & RANKINGS**

Timing is done using a timing software. The competitors must make sure they have been clocked-in (manually or passing the electronic gate) at each PC (checkpoint).

### **6.1. Time Limits**

The time limits of the main checkpoints of the different races are detailed on our website, in the section Facts&Figures of the race in question and appear in the Roadbook of each race.

### **6.2. Penalties**

Any incurred penalties are added to the competitors race time.

### **6.3. Rankings :**

The rankings will be established scratch and per category and sex.

<b>CATEGORY</b>	<b>CODE</b>	<b>YEAR OF BIRTH</b>
Master	VE	1986 and prior
Senior	SE	1987 to 1998
Espoir	ES	1999 to 2001
Junior	JU	2002 and 2003

## **7. CONTROLS & REGULATIONS**

### **7.1. The Jury**

The Jury members are as follows :

- The Race Director
- The Head of Security
- The Medical Director

The Jury is sovereign in applying the regulations. The Jury's decisions are final.

## 7.2. Complaints

Complaints must be filed in writing, within 2 hours after the racer has passed the finish line. They should be handed to the race management, together with a deposit of 40 €. If the complaint receives a favorable outcome the 40€ will be given back to you.

## 7.3. The table of penalty

Table of penalty	
<b>Absence of mandatory security equipment and/or if + 3 items are missing</b>	Time penalty and/or disqualification
<b>Refusal of a mandatory equipment check</b>	Disqualification
<b>Leaving litter</b>	Disqualification
<b>Non respectful behavior towards organization, racers or local inhabitants</b>	Disqualification
<b>Failure to assist a person in difficulty</b>	Disqualification
<b>External assistance</b>	Time penalty
<b>Cheating (e.g. : using transportation / exchange of bib-numbers...)</b>	Disqualification for life
<b>Bib-number not visible</b>	Time penalty
<b>Non-respect of indications given by the Race Direction, a marshal or medical staff (doctor, nurse or first aid)</b>	Disqualification
<b>Non-compliance with the marked-out route</b>	Time penalty

The organizers kindly remind the competitors to respect the environment, the volunteers and the local population, especially their customs and traditions.

## 7.4. Abandonment

In case of abandonment the competitor must inform the nearest checkpoint or aid station and hand-in his/her bib-number. The organization will make sure the competitor is taken back to the base camp.

## **8 – SECURITY**

Under extreme weather conditions and/or for safety reasons, the organization reserves the right to cancel, modify or stop a race or modify the time barriers.

A medical team composed of doctors, nurses and first-aid staff are present during the event, at strategic points of the different race itineraries. They are entitled to disqualify a competitor deemed unfit or endangering the security of other competitors.

## **9 – GENERAL RULES OF CONDUCT**

Morocco, the region of Marrakech Safi, the Province of Al Haouz, the territory of the Haut Atlas, the Toubkal National Parc open their doors, welcoming the organization and all the participants with kindness and a spirit of openness, discovery and exchange. All of us are passing visitors and must observe the greatest respect for the inhabitants and their way of life, their culture and their manners and customs.

Sport, its organization, as its practice carries an important number of values: tolerance, respect, honesty, honor, courage...that all of us, organizers, contributors and participants are committed to respecting.

## **10 – MARKINGS & MEDIA**

### **10.1. Bib number : visibility**

The bib-number should be worn clearly on the front, at the level of the bust.

### **10.2. – Image rights**

By their participation alone a competitor registered to one of the races in the event, allows the organization ( the association Sports Nature Développement) and their partners to use their image (photo or video) in all types of media to promote the event, without any kind of compensation.

However, a racer may assert his/her right to the protection of their private life, by requesting an exclusion from this clause in writing.

## **11 – LITIGATION - COMPETENCES**

All participants must comply to the regulations.

In case of a dispute with the organization, the participants undertake to initiate a mediation with the organization through direct exchange.

If this course of appeal is exhausted, French court alone is competent to take cognizance of any litigation. In this case the Court in Nice (Place du Palais, 06357 NICE

Cedex 9), being the court to which the association – Sport Nature Développement – who produces the event, is attached.

## **12 – GENERAL DATA PROTECTION – GDPR**

The organization commit to using the participants personal data for purposes strictly related to the competition where he/she is registered (pre- and post-event), and those related to promotion and information directly related to the UTAT in general.

When you register using the on-line tool Njuko©, there is an option you may select which allows a participant to request his/her personal data to remain anonymous. The option may be selected at any time. Once this option is selected all personal data will be deleted 60 days after the event and is no longer accessible to the organizers. The fields deleted will appear as “xxxx”, on the Njuko© platform.

## **13 – MODIFICATION OF THE REGULATIONS**

The present regulations can be subject to changes by decision of the organization up to Wednesday October 6<sup>th</sup>, 2021. Any up dated version of the Regulations will be posted on the event website: [www.atlas-trail.com](http://www.atlas-trail.com)

